

- Family: when my daughter calls or my wife pays some attention to me.
- I love a good sounding album, especially listening to it on my products (speakers).
- Being on a high rock formation in Sedona.
- Good sushi.

*Richard G., age 62,  
Speaker Salesman,  
Owings Mills MD*

- And I read. Anything and everything. Recently I've been going back to the Greek and Roman classics. They're quite interesting. I find we haven't changed in 3,000 years.
- As a retired pastor, I have become an advisor to two active pastors in separate congregations. That function as senior advisor gives me a great deal of joy. It completes my ministry.

*Carl Kelly, age 68, retired Pastor and Journalist, currently  
Charter Captain, Naples FL*



- My dog; I never had one until eight years ago.
- Being outside.
- Getting my hands dirty in dirt.
- Driving my old rusty car.
- Photography.
- Being retired. People warned me that retirement might not be what I expect it to be.

*Sixties*

It's a different phase in life. I'm in my ninth day of retirement—so far, it's pretty nice!

*Bob D., age 66, retired Clinic Administrator, TN*



My two greatest joys:

I can think of nothing that gives me more joy than baking, especially bread. Mixing four basic ingredients: flour, water, yeast, and salt, and watching the dough come alive, connects me not only to the source of my sustenance but also to the entire universe.

On equal par is the joy of connecting to other people, especially through my work. When I learn that a person has been empowered by baking from my recipes, and that some have started successful businesses based on these recipes, I feel a deep sense of joy and accomplishment.

*Rose Levy Beranbaum, age 69, author of ten cookbooks including The Cake Bible, Hope NJ  
([www.realbakingwithrose.com](http://www.realbakingwithrose.com))*



- My wife—we click and have good times together.
- A good day.
- A good meal.