

"Alcoholism is easier to see once it gets serious, easier to describe backwards, and easier to find in your brother. It's invisible every way it can be, casting a "self-lie screen" to enforce and protect a bad self-image.

Because self-lying becomes normal follow-through for the subject, the drinker, he himself is not a good witness to the goings-on he himself is causing. If we want to "contain" him, first we need to talk with "anybody but" him."