

Living and  
Walking  
in the  
Spirit

R.H. Koide

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ISBN-10: 1530288479  
ISBN-13: 978-1530288472

## DEDICATION

Theodora Leinaala Poepoe Koide, in the Spirit of Love, was able to teach her children, through her “Ohana,” those of Hawaiian ancestry, the true meaning of Love.

On February 23, 2016, at the age of 93, she went to sleep peacefully and in the comfort of her Lord and Savior Jesus Christ.

*Living and Walking in the Spirit* is dedicated to our mom and to all who are committed to dying to the flesh, “I, me, self” spirit and living in the body of Christ.

Through the Spirit of Love, may we come to understand the Way, the Truth and the Life, for the present time, in which we live.



## NOTES

Scripture verses are from The King James Study Bible.

Terms and definitions are from Webster's New World Dictionary and Nelson's Illustrated Bible Dictionary.

## ABOUT THE BOOK COVER

In the beginning God created the heaven and the earth. And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of God (was hovering over) moved upon the face of the waters. And God said, Let there be light: and there was light.

How awesome are His thoughts? How powerful are the words of God? Imagine, out of darkness, God spoke it; proclaimed it; with His mouth, with His breath, God created the world, mankind and everything which was ever created, by speaking the Word.

In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not anything made that was made.

In Him was life; and the life was the light of men. That was the true Light, which lighteth every man that cometh into the world.

### ***The Physical Light***

With the eyes of the flesh body we are able to see. Guided by our sense of sight and vision, we are kept safe and secure; from bumping into things, stumbling over objects, or falling off a cliff, hurting ourselves and damaging various parts of our physical body.

## ***The Spiritual Light***

The Holy Spirit blesses us with spiritual knowledge, wisdom and understanding. In the spiritual Light of Jesus Christ, led by the Spirit of God, those who believe, trust in Jesus Christ, by faith, will live and walk in the Light. As the children of God, in His image, we are made perfect, blameless, righteous and holy. Because we are born of God, in his spirit of Love, we will not practice to commit sin.

## ***According to Scripture***

*1 John 3:9; Whosoever is born of God doth not (practise) commit sin: for his seed remaineth in him: and he cannot sin, because he is born of God.*

*John 1:3; All things were made by him; and without him was not any thing made that was made.*

*John 3:3; Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born (Or from above) again, he cannot see the kingdom of God.*





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## INTRODUCTION

Throughout history, mankind has searched for the answers to the questions: What? Why? When? How? We have just begun to make an indentation with our limited understandings: Birth of a baby; Life and death; Creation of the earth, sun, moon and stars; Gravity; The universe with many galaxies; Time and space; Atoms and cells; Different happenings and events, which have impacted the lives of human beings for many, many generations.

The words ‘coincidence,’ ‘chance’ and ‘luck’ do not exist in the vocabulary of God. He makes the sun to shine, the rain and snow to fall, the grass and leaves to turn green and brown, the calm before the storm, the young and old, life and death. God has been in control over everything He has ever created.

### ***Importance of the Holy Spirit***

We need the Spirit of God, the Holy Spirit, to be able to discern, to understand things which are spiritual. The Holy Spirit is a gift from heaven, a free gift, from God the Father and Son Jesus Christ. Every man, woman and child has been given this gift, to guide, teach, direct, and help mankind; to live and walk, in the image of God, perfect, blameless, righteous and holy. Without the Spirit of Love, human beings, coming into the presence of Almighty God would be destroyed.

### ***Living and Walking in the Spirit***

Living and walking in the Spirit, we will emulate the example Jesus Christ gave to the world. We have been given

the gift of the Holy Spirit, which resides in each one of us. Equipped with the power of God, the Spirit of Love, to live in the flesh body connected in the mind of Christ, we are permitted to approach the throne of Almighty God, with confidence and boldness in Jesus Christ.

### ***Prayer***

Dear Heavenly Father,

Help us to live in the true Light, which lighteth up every man that cometh into the world. Through the teachings of the prophets and the apostles, we find “things of the Spirit of God are spiritually discerned.”

For without the Spirit of God, it is impossible for mankind to understand spiritual things. “God is a Spirit: and they that worship him must worship him in spirit and in truth.”

Also, help us, by faith, believe: “If we live in the Spirit of Love, let us also walk in the Spirit of Love.”

Bless us, Heavenly Father, with wisdom, knowledge and understanding, for we ask these blessings, in the name of Jesus Christ, our Lord and Savior.

Amen.

### ***According to Scripture***

*Exodus 33:20-23; And he said, Thou canst not see my face: for there shall no man see me, and live.*

*John 1:9; That was the true Light, which lighteth every man that cometh into the world.*

*1 Corinthians 2:14; But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.*

*John 4:24; God is a Spirit: and they that worship him*

*must worship him in spirit and in truth.*

*2 Corinthians 3:17; Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.*

*1 Corinthians 15:45; And so it is written, The first man Adam was made a living soul; the last Adam was made a (life-giving) quickening spirit.*

*Galatians 5:1, 13; Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage. For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.*

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# ADAM CREATED

In the Spirit of God

was made

Perfect in

Love



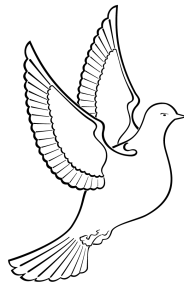
Blameless,

Righteous and

Holy

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## THE BODY, SOUL AND SPIRIT



Without the Holy Spirit providing Wisdom, knowledge and understanding, about the creation of man, made with the Body, Soul, and Spirit, never in a million years would humans be able to grasp the truth; of who we are, as found in the **Scripture**, the **Bible**, the **Word of God**.

Through the guidance of the Holy Spirit, let us search Scripture for the answers.

### ***Creation of the Earth***

**Genesis 1:1-5;** In the beginning God created the heaven and the earth. And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of God (*was hovering over*) moved upon the face of the waters. And God said, Let there be light: and there was light. And God saw the light, that it was good: and God divided the light from darkness. And God called the light