

An Illustrated Book of Poetry

Artwork  
on  
Mind's  
Canvas



Shelley Ann Vrgleski



*Artwork on Mind's Canvas*

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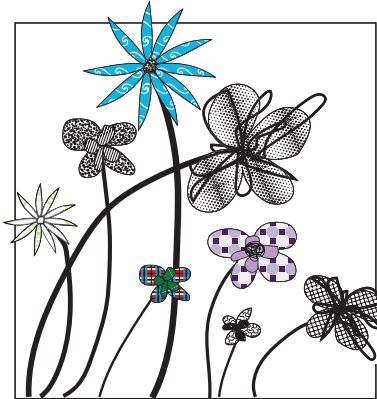
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# *Artwork on Mind's Canvas*

Written & Illustrated by

Shelley Ann Vrgleski





Stojo,

My best friend and inspiration,  
with whom dreams are made



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# Trapped

alone and nervous at the window  
crushing waves of anxiety  
ISOLATION

shifting eyes scan the darkness  
afraid of the truth  
DECEPTION

icy rivers of torment  
hurt and humiliation  
CONFUSION

fate's empty promises  
anger and longing  
DESPERATION

refusing to surrender  
hope amid chaos  
INTIMIDATION

reflections on suicide  
tsunami of tears  
DEPRESSION

headlights in the driveway  
curse of relief  
REPUDIATION

calm acceptance, veil engaged  
one more day  
SURVIVED.





## The Dance

moonlit  
smudgy silhouettes  
steamy sweat trickling down their backs

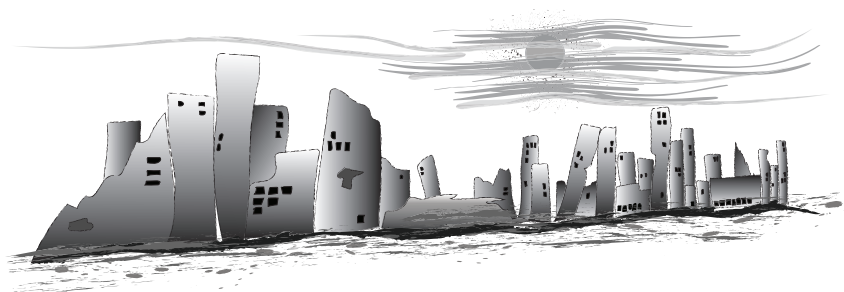
whiskey sour  
chinking ice  
smooth jazz waffling through the old shack

hips grinding  
legs just right  
mild scintillating heart attack

breathless gasps  
desire excites  
feverish minds on the right track

voyeurs all  
in the end  
for hearts and souls they did hijack

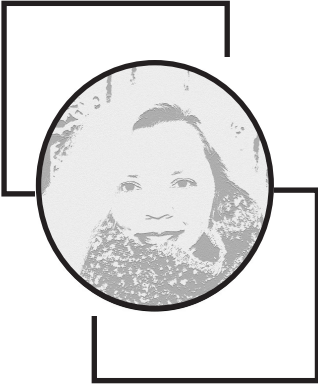




## Love in the After-World

Forgotten rapture  
Desiccated, buried soul  
Singular glory

## About the Author

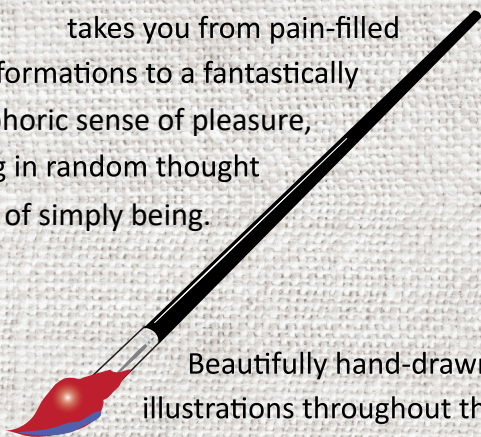


Artwork on Mind's Canvas is  
Shelley Ann Vrgleski's debut  
illustrated book of poetry.  
She lives in Ontario, Canada.

[www.shelleyannvrgleski.com](http://www.shelleyannvrgleski.com)

# Artwork on Mind's Canvas

takes you from pain-filled transformations to a fantastically euphoric sense of pleasure, culminating in random thought and the art of simply being.



Beautifully hand-drawn illustrations throughout the book paint your journey into an artist's mind with a brush stroke of words.

