

What you need to know

1. God is and nothing else is. God, Life, and Love are eternal.
2. God speaks to us today as God has spoken to us since we were first placed on Earth and has continued to speak to us down through time.
3. God is responsible for everything happening in the world.
4. Nothing happens by accident. There is a reason and purpose for everything happening in the world. We are always in the right place no matter the struggle facing us, and we are always surrounded by the love of God, and all is right with the world. It's impossible to make a mistake.
5. God loves us unconditionally and is on our side, and everything happening in our lives is for our benefit.
6. We are One with God and One with Everything.
7. We are powerful spiritual beings with infinite abilities and free will. We are Divine.
8. Each person we meet is an angel. We are all angels. We are all pure Goddesses and Gods. We are all inherently good.
9. We need not fear because we are immortal. We cannot be harmed or hurt, but our bodies can. We are not our bodies.
10. There is no death for us. Our bodies die when we walk through the doorway called Death into the Spiritual World.
11. The experience of death is something we do for ourselves and something that can't happen against our will. No one dies in vain. We can undo death.
12. There is no Hell except the hell we can create for ourselves. We are always in Heaven, although we may not realize it, even when we're in our self-created Hell because we got what we wanted.
13. We are each important and our lives matter. We are loved more than we know.
14. There is no sin. There is no way we can displease God, and we are under no obligation to God. We always please God.
15. Nothing is worthy of guilt or shame.
16. We need do nothing, but based on what we are being, say, love, we will do many things with lovely outcomes. We can do anything.
17. Meditation is good for our soul, for our mind, and for our body.
18. There is no right or wrong; there is only what works or doesn't work to get us to where we want to go.

19. There is no absolute truth in the Physical World because everything we consider being true is subjective.
20. Everything in the Physical World is an illusion, including birth, death, and our bodies. Only Love exists.
21. Space and time do not exist. Only here and now exist, so live in the present.
22. There is no ownership. We are only stewards of what we think we own. We just die and what we thought was our property becomes someone else's property.
23. We have the great opportunity to live our lives as the God of Love would in every situation.
24. Three concepts to change life as we know it are to practice honesty in all situations, know what is going on in life by being observant, and taking responsibility for all our actions.
25. Attitudes to cultivate are joy, love, acceptance, appreciating others, and gratitude.
26. It is appropriate to solve differences without war and killing.
27. To get to peace, we must realize some of our beliefs about Life and God aren't working, we must realize there could be some idea that could change everything, we must seek and find new ideas, we must examine these new ideas and add them to our collection of beliefs if they align with our belief system, and we must live our lives based on our highest understanding about God and Life.
28. This world is more like a "both/and" world, the Divine dichotomy, than an "either/or" world. For example, there is the debate over the creation of the world by God and the evolution of the world. It's both; God created the Heavens and the Earth, and everything has been evolving ever since. It's not just one or the other.
29. All paths lead to God because all paths are within God. No path is better than another. Accept all people no matter their beliefs or paths, and allow them to hold their beliefs and walk their own paths, and there is no need to convert anyone to our beliefs. Each person believes what they believe based on their stage of evolution. Those more advanced will be more loving, and those less advanced will be less loving. These are all states of spiritual evolution with none superior to another.
30. There are two tests to check the value of ideas; one is to check with our inner knowing, and the other is to answer the question: What would happen if everyone did it? Would it produce a blessing or a curse?
31. We have only one sacred promise to keep. Live and tell our truth. Any other promise gives up some of our freedom, a debasement of ourselves.
32. Suffering is not a requirement, and there are no benefits to suffering. Choose joy.

33. We are all here on Earth at the invitation of God. We volunteered.
34. We will each have many lives on Earth. Incarnation after incarnation, the creation of universe after universe, the “Play of Life” will go on forever. Relax and enjoy the ride.
35. We all have a bucket list of items, some horrendous, and some wonderful to experience (both our judgments), and we will have many lives on Earth to experience them. So, the good, the bad, the beautiful, and the ugly experiences in life are all for our benefit. Each experience will be unique for each of us, and when the last soul has experienced murder, both giving and receiving, then murder can cease to occur.
36. Life is found throughout the Universe, and we have lived on other planets.
37. Advanced beings, who can travel throughout the Universe at will, are watching over and protecting us as we learn to deal with negativity here on Earth.
38. Life on Earth is evolving and getting better. Evolution is not a straight line up, but may retreat to go forward. We will have world peace with everyone loving their fellow woman and man.
39. Earth is a playground. Play and have fun. We are all in Heaven, contrary to popular opinion. We never left nor can we.

To be or not to be is not a choice we have being the immortal beings we are. We are and always will be. In the Material World, from the **is not** to the **is**, we bring things into being through our thoughts, wishes, hopes, and dreams. Then time takes our **is** into the **is not** again. We stand on the shoulders of titans who have shown us the way and helped guide our efforts to produce our **is**. We have used our creativity and imagination to produce greater things than our predecessors, and later generations will stand on our shoulders and produce even greater things. To produce greater things, we must paint outside the lines of our predecessors to do greater things than they did. And so must our children, to produce greater things than we did, and they will.

In the beginning, God created the Heavens and the Earth, along with our help, and everything has been evolving ever since. Then, God stood back to allow us the freedom to live our own lives as we wish. God’s will is our will, allowing us to have free will. The Earth was designed to function and be sustainable. We have messed up the Earth so badly, its ability to function has been damaged and the system will make adjustments to allow it to function properly. If we don’t act quickly, the Earth will adapt possibly making a Hell on Earth with the death of millions. Some will think it’s the end of the world. Call it pollution, soil erosion, climate change, or the decimation of tropical rain forests, we have damaged the sustainability of the Earth and action must be quick if we are to avoid calamity. However, the world will not end, just adapt. There are consequences for our actions and we must take responsibility for them.

We are going through tremendous changes now as old ways of living are ending and new ways of living are starting. It will be traumatic for many, with some thinking it’s the end of the world, but the result will be a life closer to Heaven. A hundred years from now, humans will think of

this time period as primitive, both scientifically and spiritually. But future humans will also see this as a period of transition leading eventually to a utopia.

**You are a powerful spiritual being with
unlimited potential.**

You are immortal.

You cannot be harmed or hurt in any way, but your body can.

You are not your body.

You are important, and your life matters.

**You are a part of One Thing,
uniting Everything.**