



For Riley and Liam and your future.
RM

For my parents, Quen and Chad, who support my dreams.
KC

First published in 2020 by Learn from Play
10 The Grey Gums
Port Mcquarie NSW 2444
www.learnfromplay.com

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A catalogue record for this
work is available from the
National Library of Australia

ISBN 978-0-9942405-6-9

Printed in China

Frugal Fred



Written by Rachel McCann
Illustrated by Kwen Cansancio





Fred loves
the simple life,
his wife and
family.

The thing Fred enjoys doing most
is reading under a shady tree.





Fred's books are from the library
so they don't cost him a cent.

LIBRARY



By sharing books Fred is saving trees
and this makes him content.

Use the instructions below to create a plantable seedling pot so you can plant trees and flowers to save the environment like Fred.

To get more free games and fun activities for this book visit the website www.LearnFromPlay.com

1
Turn the newspaper so the long side is facing you. Fold in half.

2
Fold again into a quarter size.

3
Fold it in half again.

4
Now fold the bottom right corner up to the middle along the spine.

5
Flip it over on the other side and do the same thing you just did in step four.

6
Fold the wings in to the crease in the center.

7
Fold them in again. Flip it and repeat steps six and seven.

8
Fold the top flaps down.

9
Now you can open up your pot, square the base and fill it with potting mix and some seeds.



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