


Slimy, clear and always there,
it's in your mouth for every chew.

Saliva helps break down your food.

It's not EW/WW/
...It's YOU!





It looks
a lot like
lemonade
being
poured
into the
loo.

Urine is water
your body doesn't need,
so **peeing** is
what you're meant to do!

Deep in the canals
inside your ears is some
sticky, tacky goo.

Earwax keeps germs
from getting inside.

It's not EWWW!
...It's YOU!



Your armpits might get **sweaty** and your hands and feet might, too.

But **sweat** keeps your body's temperature down by cooling it right off for you.

